

CIAP news

Unexplained Allergic Reaction?

A recent Narrative Review published in the [Medical Journal of Australia \(MJA\)](#) identified mammalian meat allergy and tick anaphylaxis as most serious tick-induced allergies. The avoidance of tick bites is fundamental to preventing these severe reactions. Australian clinicians published the first cases of tick anaphylaxis and discovered the association between tick bites and the development of mammalian meat allergy.



Author Dr, Sheryl A van Nunen, Senior Staff Specialist at Royal North Shore Hospital Sydney, explains that mammalian meat allergy and tick anaphylaxis present quite differently. The eminent role of cofactors in triggering episodes of mammalian meat allergy is what can make the diagnosis complex. Multiple cofactors, e.g. alcohol, exercise, spices, cooking method, menstrual cycle and others, affect the severity of the reaction and can make the diagnosis more difficult.

Click [here](#) to read the full Narrative Review, which includes mammalian meat allergy management.

The Question

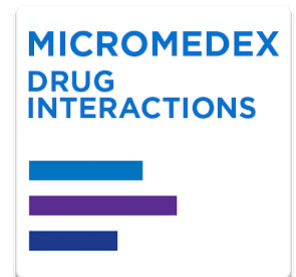
This month, CIAP asked the question: Which of the following foods does Warfarin have a major severity interaction with: Pomegranate, Carrot or Walnuts?

Answer: Pomegranate is not safe as it may increase warfarin plasma concentrations and increase the risk of bleeding!

Micromedex Drug Interactions says: 'Clinical Management: Drinking pomegranate juice or eating pomegranates while taking warfarin may increase the risk of bleeding.'

The [Micromedex Drug Interaction](#) tool provides instant access to drug-drug, drug-food, drug-ethanol, drug-lab test reactions, drug-tobacco, drug pregnancy, and drug-lactation results. With the correct information at the point of care, a significant number of adverse drug events can be prevented.

Click on [Micromedex](#) to try out the Drug Interaction Tool for yourself!



Looking For Practice Changing Updates?

UpToDate is one resource! The [Practice Changing Updates](#) is a section highlighting selected specific new recommendations and/or updates that UpToDate anticipates may change usual clinical practice.

Practice Changing UpDates focus on changes that may have significant and broad impact on practice, and therefore do not represent all updates that affect practice. These Practice Changing UpDates are presented chronologically, and are discussed in greater detail in the identified topic reviews.

All topics are updated as new evidence becomes available and their [peer review process](#) is complete.

Check out the [Practice Changing Updates](#) for changes in your specialty or area of interest.



App Spotlight - BMJ Best Practice

BMJ Best Practice is a trusted, authoritative clinical decision support tool that provides quick, easy-to-use answers to clinical questions.

The BMJ Best Practice app offers;

- Offline access to over 1,000 conditions,
- Over 250 interactive medical calculators,
- Important updates clearly flagged where there has been a significant change in evidence,
- Integrated links to Cochrane clinical answers,
- Improved treatment algorithms and differentials tables,
- Images and procedural videos included for relevant conditions.

For more information, visit CIAP's [Mobile Help Page](#).



CIAP Tips & Tricks - Dictionary of Nursing

The [Dictionary of Nursing](#) provides the user with a complete guide to the vocabulary in current use by nurses and other health care professionals.

Ovid[®]

Over 11,000 terms are explained in clear, straightforward English. Areas covered include diseases and conditions, instruments, drugs, treatments and patient care, as well as medical specialities, psychiatry and physiotherapy. Many informal and everyday terms used by patients in describing symptoms are also included.

To find the Dictionary of Nursing, click on Books & Dictionaries on the left hand navigation menu on the [CIAP home screen](#).

CIAP's Journal of the Month

The [Journal of the Academy of Nutrition and Dietetics](#) focuses on advancing professional knowledge across the range of research and practice issues such as: nutritional science, medical nutrition therapy, public health nutrition, foodservice systems and dietetics education.

To read the [Journal of the Academy of Nutrition and Dietetics](#) Journal and more, go to Journals, which can be found on CIAP's home page.



We'd love to hear from you...

[Tell us](#) what we should discuss in the upcoming CIAP newsletters.

Upcoming CIAP Events

Live Online Training

2 May | 14:30—15:30
CIAP Essentials

16 May | 09:00—10:00
Introduction to Ovid

[Register Here](#)

Workshops

15 May | Paediatrics
Sydney Children's Hospital Randwick

5 June | Medicines Information
Concord Hospital

[Register Here](#)

In-services

3 May | CIAP Essentials
Westmead Hospital

8 May | CIAP Essentials
Hornsby Hospital

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